

Life International 2026 – 21 Day Fast



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Day 1

Thanksgiving/Praise

- Thank the Lord for your relationship with Him. Express your love and adoration to Him. (John 1:12)
- Reflect on the Lord and thank Him for who He is, for all He has done in our lives and in the lives of our family and church. (Psalm 24, Psalm 103, Philippians 1:6)
- Lord thank You for what you are about to do in our lives, in our church and on the earth. (Psalm 24, Psalm 103, Philippians 1:6)
- Humble yourself before the Lord and commit your time of fasting to Him. Ask Him to grant you success and to lead your prayers and time of fasting. (Psalm 37:5, Isaiah 58, Prov 16:3)
- Lord reveal Yourself afresh to us. (Matthew 11:27, Ephesians 1:17-21)

Day 2

Repentance/Forgiveness

- Ask the Lord to forgive you for sins you have knowingly committed. (1 John 1:9)
- Ask the Lord to reveal any unknown sin and offense you have committed against Him and others and then renounce and repent of them. (Psalm 139:23-24)
- Repent of any idols in your heart that have taken His place. Renounce those idols and declare Him Lord over every area of your life. (Examples of idols: Approval, Food, Money, Career, People, Possessions, Pets, Praise, Electronics, Social Media, Political Parties, Self, Exercise, News, Entertainment, Pleasure, Comfort) (Exodus 20:3, Psalm 135:15-17, Hebrews 13:5, Ezekiel 14:1-5)
- Forgive those who have offended, hurt, angered, used, and troubled you and then say a blessing over them. (Matthew 6:14-15, Matthew 5:43-48)
- Go to those who you have offended and ask for forgiveness (Matthew 5:23-24)
- Lord cleanse us of all unrighteousness. (1 John 1:9)
- I am no longer a slave to sin (Romans 6:6)

Day 3

Surrender and Revival

- I love the Lord with all my heart, with all my soul, with all my mind and with all my strength. (Mark 12:30)
- Create in us a clean heart. Purify our hearts so that we can see You clearly. (Psalm 51:10, Matthew 5:8)
- Grant us a heart of humility that is open and receptive to Your counsel and obedient to Your commands (2 Chronicles 7:14)
- Revive us according to Your word and cause us to rejoice in You. (Psalm 119:88, Psalm 85:6-11)
- Pour out Your Spirit in areas where we are dry, asleep, weary, or hardened. Enable us to trust You to bring life and strength to those areas, making us fruitful because we are nothing without You. (Isaiah 44:1-3, Matthew 11:28-30, Ephesians 5:14, John 15)
- Lord, give us a hunger for You, Your Word, righteousness and truth. Please give us the desire to be holy. (Ephesians 4:22-24, John 7:27-28)
- Lord, set us on fire for You. Ignite our passion and desire for Your Presence, Your purpose, Your will and Your work in our lives. (Ezekiel 6:13, Matt 5:16, Romans 12:11, Luke 3:16)
- I will present my body as a living sacrifice that is holy and acceptable to God, which is my reasonable service. I will not be conformed to this world, but I will be transformed by the renewing of my mind, that I may prove what is that good and acceptable and perfect will of God. (Romans 12:1-2)
- I have been crucified with Christ; it is no longer I who live, but Christ lives in me; and the life which I now live in the flesh, I live by faith in the Son of God, who loved me and gave Himself for me. (Galatians 2:20)

Day 4

Identity and Character

- I belong to God (Psalm 100:3)
- I am accepted in the Beloved (Ephesians 1:6)
- I am blessed with every spiritual blessing in the heavenly realms in Christ Jesus. (Ephesians 1:3)
- I am loved with an everlasting love. (Romans 8:31-39)
- I am never alone because He never leaves me nor forsakes me. (Hebrews 13:5)
- I do not have a spirit of fear, but of power, love and a sound mind. (2 Timothy 1:7)
- I have the mind of Christ. (1 Corinthians 2:16)
- I have victory in Christ Jesus. (1 Corinthians 15:57)
- I overcome all because greater is He that is in me than He that is in the world. (1 John 4:4)
- I have received an inheritance in Him. (Ephesians 1:11)
- I trust and believe in Jesus and have been sealed with the Holy Spirit of promise who is the guarantee of my inheritance. (Ephesians 1:13-14)
- I am His workmanship, created in Christ Jesus for good works which God prepared beforehand that I should walk in them. (Ephesians 2:10)
- I am the righteousness of God in Christ (2 Corinthians 5:21)

Day 5

Healing and Deliverance

- Heal me Lord and I will be healed. (Jeremiah 17:14)
- Thank you, Lord, that by the stripes of Jesus Christ I am healed. (Isaiah 53:5)
- I bless You Lord because You forgive all my sins and You heal all my diseases. You redeem my life from the pit, and You crown me with Your unfailing love and mercy. (Psalm 103:2-4)
- Thank You, Lord, that I overcome all because greater is He that is in me than He that is in the world. (1 John 4:4)
- Father, I choose not to worry about anything, but instead I will pray about everything because You can be trusted. Worry, anxiety, depression and fear will not take root in my life because I cast my cares upon You and You take care of me. (Philippians 4:6-7, 1 Peter 5:7)
- Lord, You never leave us nor forsake us, therefore we have everything that we need. (Psalm 23:1, Hebrews 13:5)
- Every sickness, disease, infirmity and negative report must bow to the Name of Jesus Christ, which is the name above every name. (Philippians 2:10, Act 3:16, Philippians 2:9-11)
- The resurrection power of God gives life to my body. (Romans 8:11)
- Lord, I speak Your healing, deliverance and comfort over those who have been rejected, forgotten, broken and abandoned. I declare that You are close to the broken hearted, and You set the lonely in homes, You sing songs of deliverance over those who put their trust in You. (Psalm 34:18, Psalm 68:6)
- Because I believe in Jesus Christ, and the Holy Spirit dwells within me, when You prompt me to pray for the sick, I will lay hands on the sick and they will recover. (Mark 16:17-18)
- I decree and declare that the Lord is my refuge, and no sickness and disease shall come near my dwelling place in Jesus Christ Name. (Psalm 91:9-10)
- I cover my mind, my heart, and my emotions under the blood of Jesus. I declare that the devil has no place there. I have the mind of Christ, and I hope in the Lord, and I will not be disappointed. (Hebrews 9:14, 1 Corinthians 2:16, Isaiah 49:23)
- No weapon formed against me shall prosper, and every tongue that rises against me in judgement I shall condemn. (Isaiah 54:17)
- The Lord is my light and my salvation; therefore, I shall not fear. All those who come against me will stumble and fall. (Psalm 27:1-2)

Day 6

Personal Vision, Purpose and Direction

- Lord, show me those things which You ordained for me, even before I was born. (Psalm 139:16, Jeremiah 29:11)
- May we be filled the knowledge of Your will in all spiritual wisdom and understanding, so that we will walk in a manner worthy of the Lord, to please You in all respects, bearing fruit in every good work and increasing in the knowledge of God. (Col 1:9-10)
- Lord, I commit these plans to You (list the plans) and I ask that You establish my thoughts. (Proverb 16:3)
- Work in us O Lord so that we desire what You desire, love what You love and hate what You hate, that Your good purpose is fulfilled in us. (Philippians 2:13)
- Thank You for instructing us and teaching us the way we should go. (Psalm 32:8)
- May Your word be a lamp to my feet and a light to my path. (Psalm 119:105)
- Help me to stay the course You have set for me, not straying to the left or the right. (Galatians 6:9, Psalm 37:23)
- Thank You Lord for those You are sending my way to help strengthen me and aide me in fulfilling my purpose and destiny. (Ecclesiastes 4:9)
- Lord, I ask that You open doors for me that no man can shut and may love and faithfulness never leave me so that I may have favor with God and with man. May I fulfill those things that You have placed in my heart. (Isaiah 22:22, Revelation 3:7-9, Prov 3:3)
- May my life bring You glory and cause many to desire You and know You. (Romans 11:36, Matthew 5:16)
- I decree and I declare that I abide in the vine and His words abide in me and I bear much fruit. (John 15:7)

Day 7

Marriages, Family and Relationships

- May Jesus Christ be Lord and the center of every family. As for me and my household, we will serve the Lord. (Matthew 22:37, Joshua 24:15)
- Father, may You strengthen every marriage. (Romans 15:5-6, Colossians 3:13)
- Knit together the hearts of husbands and wives that they would walk in unity. (Matthew 18:19-21, Mark 10:8-9)
- Let no man separate what You have joined together. Lord, we ask that You would be a shield around marriages to protect them from temptation, perversion, adultery, abandonment and divorce. (Mark 10:9)
- We speak peace in every home so that family conflicts are resolved. May family members bear one another's burdens, being patient with each other, forgiving one another. (Colossians 3:13)
- In the name of Jesus Christ, we drive out the spirits of unforgiveness and offense. We decree and declare that we forgive every offense and the Lord heals every wound. (Proverbs 19:11, Luke 17:3-4)
- Father, we ask that You cultivate each family unit as a safe place where family members receive love, acceptance and encouragement to go forward with God's plans for their lives. (Jeremiah 29:11)
- May prayer become a priority in every household. May husbands, wives, children, parents, and family members pray together and for each other, strengthening the bond of love. (Matthew 18:19-21, 1 Thessalonians 5:17, Psalm 50:15)
- Strengthen the single-parent home, fill every need and surround them with a supportive, loving, community to help raise and protect the children. (Proverbs 22:6, Ecclesiastes 4:9, Galatians 6:2)
- Lord, deliver families from all forms of abuse, abandonment, divorce, oppression, addictions, homelessness, perversion, dysfunction, poverty, witchcraft, manipulation, control and negative cycles. Heal every member that has been hurt and wounded by those spirits. (Psalm 34:17, Galatians 5:1, John 8:32, Matthew 10:1)
- Lord, we asked that You bless singles who desire to be married with Godly partners. Keep them pure from sexual immorality while they wait, and allow them to find fulfillment in You (2 Cor 6:14, Song of Solomon 3:5, Genesis 2:18)
- May every person who is single experience joy and fruitfulness in every area of their lives. Guard their hearts and keep them from sexual immorality by turning

their hearts toward seeking first Your Kingdom and Your righteousness. (Psalm 16:11, Isaiah 54:5, 1 Corinthians 7:32, 1 Corinthians 6:16-18)

- We ask that You help singles give themselves wholehearted to the Lord. May they be surrounded by fun, exciting, likeminded friends and family that will help them to fulfill their purpose and assignments and drive out loneliness (Psalm 1, Hebrews 10:25, Matthew 6:33-34)

Day 8

The Generations

- We cover the minds and the hearts of the youth and young adults in the blood of Jesus. May they their minds be sound. (2 Timothy 1:7, 1 Peter 5:7, Isaiah 41:10)
- Lord, we ask that You draw the youth into an intimate relationship with You. May they be rooted and grounded in Your love and truth and may their identities be firmly established in You. (Ephesians 3:17-19)
- We decree and declare that the princes, powers, and spiritual wickedness in high places will have no dominion over our children (Ephesians 6:12-18; 2 Corinthians 4:4)
- Lord, teach our children and young adults to foster godly friendships, and reject things, counsel and influences that are vile, corrupt, perverse and error. (Psalm 1)
- Teach parents, family members and other believers how to train the children in the way that they should go. (Deuteronomy 6:4-9)
- Cause the children and young adults to be resilient against the norms of society which are in opposition to Jesus Christ. (Roman 12:1-2, Joshua 1:9)
- Grant our children and young adults a spirit of excellence, causing them to do all things well, having favor with both God and people. (Daniel 5:12, 14, Daniel 6:3, Luke 5:52)
- Lord, protect their coming in and their going out, that their days will not be cut short. (Psalm 121:8)
- In the name of Jesus Christ, we speak protection over our seniors. May they be taken care of, respected and honored all the days of their lives. (1 Timothy 5:1-2, 1 Timothy 5:8, Exodus 20:12)
- May our seniors be acknowledged and celebrated for their wisdom, experience and knowledge. Exodus 20:12, Psalm 71:9, 1 Timothy 5:4)
- May the elderly find their place in the body of Christ, sharing their gifts, talents, wisdom, and abilities in building the church and its members. (Psalm 92:14, Titus 2:3-5, Matthew 28:19-20)

Day 9

Truth and Wisdom

- Lord, You give wisdom, and from Your mouth comes knowledge and understanding. (Prov 2:6)
- Jesus Christ is the way, the truth and the life. No one comes to the Father except through Him. (John 14:6)
- May every lie of the enemy be exposed and may we know the truth, and the truth set us free. (John 8:32)
- Thank You for Your Holy Spirit. May we follow Him as He guides us into all truth. (John 16:13)
- Keep our lips from speaking evil and our tongue from deceit. Cause us to speak the truth in love, growing up in every way into Christ who is the head. (Psalm 34:13, Ephesians 4:15)
- Teach us Your way, O Lord, that we may walk in Your truth; unite our heart to fear Your name. (Psalm 86:11)
- May we reject every lie and cling to the truth. (Matthew 24:24, Colossians 2:8)
- We declare in Jesus Name that we will not let anyone take us captive through hollow and deceptive philosophy, which depends on human tradition and elemental spiritual forces rather than on Christ. (Colossians 2:8)
- Lord, we cry out for wisdom and understanding in every area of our lives. (James 1:5)
- May we be guided by Your wisdom and truth so that we are not confused. (James 1:5)
- Help us to make wise decisions about who we allow into our lives and the advice we take. (Psalm 1, Prov 27:17)
- Lord, may we speak wisely, so that those who hear us are strengthened. (Prov 15:28)
- Guide us in our financial choices so that we can increase financially and honor You. (Proverbs 21:20)

Day 10

Protection, Discernment, Peace

- Ask the Lord to protect us, our family and our nation from all forms of evil both spiritually and naturally. (Psalm 91)
- Pray against deception and ask the Lord to help us to walk in truth, discerning between right and wrong, good and evil. (Psalm 91)
- Ask the Lord to protect us from sickness, disease, natural disasters, cyber security attacks, accidents, acts of violence, evil plotting and scheming of people, war, pestilence, economic shifting, lying and all forms of deception. (Psalm 91)
- Ask the Lord to help every member to guard their heart with all diligence, being careful of what they hear and see. (Philippians 4:8)
- Ask that Lord to deepen our trust in Him as we seek Him for His understanding, wisdom, counsel and perspective. (Proverbs 3:5-6)
- Pray that we would treasure God's counsel and wisdom through His word and make it a priority over the knowledge gained from social media, the news, people and other sources. (Proverbs 2:1-3)
- Pray that God would give us wisdom for every area of our lives so that we would be successful, avoiding the traps, pitfalls, and snares of the enemy. Seek wisdom concerning the following: what we are seeing and hearing, our ministry, our relationships, our careers, our finances, our roles and assignments, our businesses, our interactions, and our communication. (1 Corinthians 2:14, James 1:5, Matthew 10:16)
- Pray that we will grow in love, and that our love will overflow in knowledge, discerning those things that are excellent and without offense until the day of Christ. (Philippians 1:9-10, John 15:4)
- Ask that Lord to help us to see people the way He sees them, and not by their outward appearance. (1 Corinthians 1:27, 1 Samuel 16:7)

Day 11

Discipline and Endurance

- Lord, may we finish well. (Philippians 1:6)
- In the name of Jesus Christ, we declare that we rely on the Holy Spirit who strengthens us and gives us the endurance to be victorious and fruitful through any challenge, trial, assignment and situation. (Romans 5:3-4, James 1:12, 1 Corinthians 10:13)
- Father, help us to remain steadfast, and to stand through every test. May we receive the crown of life that You promised to those who love You. (James 1:12)
- Thank You for strengthening us and helping us. Thank You for upholding us by Your victorious right hand. (Isaiah 41:10)
- It is not by our might or power, but it is by His Spirit. (Zechariah 4:6)
- We are strengthened with all power, according to His glorious might, for all endurance and patience with joy. (Colossians 1:11)
- Lord, help us to be focused to avoid distractions and derailments. (1 Peter 5:8, 1 Corinthians 9:24)
- Father help us to lay aside every weight, and sin which clings so closely, and let us run with endurance the race that is set before us, looking to Jesus, the founder and perfecter of our faith, who for the joy that was set before him endured the cross, despising the shame, and is seated at the right hand of the throne of God. (Heb 12:1-3)

Day 12

Leadership of LI

- Thank You, Lord, for our Visionary Leader and our Senior Pastor. Thank You for Leaders who love You and are people after Your own heart. (1 Samuel 13:14)
- Pray for the Lord to sustain, refresh, give strength, endurance, wisdom, knowledge and understanding in all areas of their life, regarding their responsibilities and assignments. (Galatians 6:9-10, Ephesians 6:10, Joshua 1:7-8)
- Ask the Lord to protect them, their families and all that concerns them, so that they can focus on the work He has given them to do. (Isaiah 54:17)
- Ask the Lord to supply all their needs and give them the grace needed to lead His people. (Philippians 4:19)
- Pray that every leader will lead with excellence, humility, truth and integrity. (1 Peter 5:2-4, Proverbs 11:2)
- May every leader of LI and member have an attitude of honor and respect for our Visionary Leader and Senior Pastor Dr Martha Fletcher. May that attitude overflow into acts of kindness, love and service toward the fulfillment of the vision (Romans 13:7)
- May every leader be treated with respect, honor, and dignity. (Romans 13:7)

Day 13

LI Vision

- Lord, help us to keep the vision of LI before us. (Habakuk 2:2)
- May we connect with the vision. (Habakuk 2:2)
- Help us Lord to believe in the vision. (Habakuk 2:2)
- Cause us to buy into the vision. (Habakuk 2:2)
- Show us how we can take ownership of the vision. (Habakuk 2:2)
- Give us creative ways and strategies to work the vision. (Habakuk 2:2)
- Lord, help us to protect the vision. (Habakuk 2:2)
- Help us to live authentically, grow consistently and serve with humility. (**Habakuk 2:2**)

Day 14

Unity

- May every member and leader of LI come into unity with the Vision of LI, not being double-minded, using our unique gifts, talents and abilities to contribute to its fulfillment. (Ephesians 4:16, Song of Solomon 2:15)
- May we all agree, and may there be no divisions among us, that we will be united in the same mind and same judgement. (1 Corinthians 1:10)
- In the Name of Jesus Christ, we drive out division and speak Unity amongst us.
- We come against all forms of division, factions, clicks, undermining, gossip and slander so that we may function in unity as one body, with one mind, moving in one direction. (1 Cor 1:10)
- We are one body in Christ, with many members differing in function, and individually members of one another. (Romans 12:4-5)
- Enable us O Lord to aim for restoration, comfort one another, agree with one another, and live in peace with each other that the God of love and peace will be with us. (2 Corinthians 13:11)
- Ask the Lord to reveal anything that You may be doing that may cause division in the church and then repent. (Example of things that bring division: Jealousy, accusation, gossip, slander, lying, manipulation, prejudice, racism, favoritism, competition, comparison, forming clicks, being a hinderance, being territorial, revealing secrets)
- I declare that there is power in agreement. (Matthew 18:19-20, Ephesians 4:4-6)
- Lord, help every member to serve in their roles and assignments in love, humility, with perseverance and steadfastness. (Luke 9:62)
- May every leader and member submit one to another, growing in faith together, with our eyes on the prize, moving together in synchrony, not breaking ranks, executing the works of the Kingdom with precision and accuracy, leading to fruitfulness. (Psalm 133:1, Hebrews 13:7, John 15, Ephesians 4:16)
- Lord, help us see the treasure each one holds, esteeming one another in love, because without love we are a clanging cymbal. (2 Corinthians 4:7, Romans 12:10)
- Pray for faith to be heightened as we press toward the new thing the Lord is doing, not allowing the challenges that go along with the journey to cause doubt and abandonment. (Hebrews 11:6, Galatians 6:9, Romans 8:18, 1 Timothy 1:19)
- Pray that there would be signs, wonders, miracles and Holy Spirit manifestations, as we serve, and may every person walk in the supernatural power of God. (Isa 44:26a, 1 Corinthians 4:20)

Day 15

Outreach, Growth and Discipleship

- Pray for a heart to reach those who do not know Him. (John 3:16, Ezekiel 33:11)
- Reflect on your life and ask the Lord to forgive you if you have not been prioritizing the sharing of the gospel with those who are perishing. Repent of this and commit to making the sharing of the gospel a priority in your life. (Matthew 28:19-20)
- Ask the Lord for there to be a mighty revival in our church and cause us to experience growth in numbers and spiritual maturity. (Acts 2:47)
- May every department of LI become fruitful inside and outside the four walls of the church.
- We pray that LI and our affiliates will know that God is a God of all nations, who is working through cities to take the gospel to the world by giving us grateful hearts, gospel faithfulness and fruitfulness, gracious engagement, and servants to send out. (Colossians 1:3-8)
- Pray that every member of LI will become disciples of Jesus Christ and also make disciples of Jesus Christ. (Matthew 28:19-20)
- May the Lord help LI to be fruitful in impacting our community and our nation for Christ. (Matthew 28:19-20)
- May LI make disciples of all nations, baptizing them in the name of the Father, the Son and the Holy Spirit. Ask the Lord to add to our LI Family daily. (Matthew 28:19-20).

Day 16

Those who don't know Jesus Christ

- May Jesus Christ be lifted up so that all men be drawn unto Him. (John 12:32)
- No one comes to the Father unless You draw them. Draw all men unto You. Draw those who have backslidden and have been held captive by their disobedience. (Jeremiah 3:22) (John 6:44)
- Lord, open their eyes, so that they may turn from darkness to light and from the power of Satan to God, that they may receive forgiveness of sins and a place among those who are sanctified by faith in Jesus Christ. (Acts 26:18)
- Thank You for being patient Lord. It is not Your desire that anyone should perish, but that all would reach repentance. (2 Peter 3:9)
- Lord, remove the veil from their minds so they may come to their senses, and escape from the snare of the devil. (2 Timothy 2:26)
- Show them Your wonders and help them to comprehend Your love that they may cry out to You and be saved. (Psalm 107).
- Send out Your laborers who will seek out those who are lost to share Your love and Your power. (Matthew 9:37-38)
- Give them a new heart and put a new spirit within them. Remove the heart of stone from their flesh and give them a heart of flesh. (Ezekiel 36:26)

Day 17

Financial Prosperity, Debt Cancellation and Good Stewardship

- Thank You, Lord, for meeting every need of Life International and its members. Lord we pray for abundance so that we can clear all debts. (Philippians 4:19)
- Grant us wisdom to manage resources effectively and make decisions that will lead to financial freedom for our lives and this church. (Prov 21:5)
- We ask for favor with creditors, donors, and other stakeholders. Lord, we ask that You open doors for partnerships that will help us pay off all debts (Luke 2:52)
- May the heavens be open over our lives and our church and release a supernatural blessing that will cancel every debt. (Deuteronomy 28:12)
- Lord, bless every member/partner owned business as well as the business that members/partners are employed. (Duet 38:11-12)
- Lord, nothing is impossible for You. Please exceed our expectations and take us into financial overflow. (Ephesians 3:20)
- In the name of Jesus Christ, we declare that we will not suffer shame or dishonor. We will have double honor. (Isaiah 61:7)
- May every attack against our finances be overturned in Jesus Christ Name.
- We seek first the Kingdom of God and His righteousness, and all these things are added to us. (Matthew 6:33)
- Wealth and riches are in our house because we fear the Lord and delight greatly in His commandments. (Psalms 112:1-3)
- We are the Lord's servants, and He takes pleasure in our prosperity. (Psalm 35:27)
- We declare that peace is within our walls, and prosperity within our palace. (Psalm 122:7)
- We give and it is given to us, good measure, pressed down, shaken together, and running over, men give unto our bosom. (Luke 6:38)
- Lord, rebuke the devourer for our sake. (Malachi 3:11)
- Lord, bring us into a good land without scarceness and lack. (Deuteronomy 8:9)

Day 18

The Body of Christ

- Lord, we cry out for revival for the Body of Christ. (Isaiah 85:6)
- May we turn back to our first love. (Revelation 2:4)
- Let Your purifying fire, cleanse the church of racism, classism, prejudice, favoritism, commercialism, pretension, greed, worldliness and falsehood. (Psalm 51:10)
- Cleanse the Body of false prophets, false teachers and wolves in sheep's clothing. (Matthew 24:24)
- Silence the mouth of the deceiver. (Psalm 63:11)
- May Your name be revered. (Psalm 89:7)
- We tremble at Your Word. (Isaiah 66:2)
- Let there be an outpouring of Your Spirit in the Body. (Acts 2:17)
- Cause love to abound more and more. (Philippians 1:9)
- Raise up people who are after Your heart and are not afraid. (Joshua 1:9)
- May churches demonstrate the Lord's love and unity by building relationships with people different from ourselves. (John 17:20-23)
- May the Body of Christ pray for transformation and renewal of our cities by the Spirit of God by establishing relationships through wise leadership perspectives and friendships, thriving families, committed communities, and safe schools for all children regardless of zip code. (Proverbs 15:1-7)
- May the Body of Christ be quick to hear, slow to speak, slow to take offense and slow to get angry. (James 1:1-20)

Day 19

Our Community

- Pray that our communities, city, and nation would be open to the gospel of Jesus Christ, and that the gospel would bring transformation and healing in our society. (2 Chronicles 7:14, Psalm 140:8)
- Ask the Lord to intervene in our communities so that it would be a safe, and prosperous place to live and grow our families. (2 Chronicles 7:14, Psalm 140:8)
- Pray against gun violence, gang activity, human trafficking, corruption, homelessness and drug trafficking and addictions in our communities. (2 Chronicles 7:14, Psalm 140:8)
- Ask the Lord to pour out His spirit in our cities and communities and break the stronghold of the enemy that would keep the people from coming to the knowledge of Christ and from living healthy, prosperous and abundant lives. (2 Corinthians 2:4, John 10:10, 2 Corinthians 10:5)
- Pray that the Lord would shine His light into every dark place. (John 8:12)
- Pray for those who are marginalized, mistreated, and forgotten (Psalm 34:18, Romans 8:35-39, John 3:16-17)
- Ask the Lord to pour out His Spirit over our schools, universities, hospitals, nursing homes, (1 Timothy 2:1-7, Ephesians 6:18)
- Ask the Lord to guide the hearts, decisions, policies and judgements in our local government, police departments. (1 Timothy 2:1-7, Ephesians 6:18, Prov 21:1)
- Pray that justice would prevail in our communities (1 Timothy 2:1-7, Ephesians 6:18, Prov 21:1)

Day 20

Our Nations, Leaders and Government

- Cry out in repentance on behalf of our nation. Ask the Lord to forgive our nation for the atrocities it has done, the division, injustice, deception, murder, crimes, perversions, idolatry, lying, human trafficking, cruelty, lack of honor and respect, mismanagement of resources, abuse to the earth, environment and animals. (Isaiah 59:12-15, 2 Chronicles 7:14, Psalm 34:17)
- Ask the Lord to bring revival to our nation, to restore us and to bless us. (Psalm 80:3)
- Ask the Lord to turn the hearts of the Leaders and the people toward Him, to reverence Him. (Prov 9:10)
- May the Lord overthrow the wicked and undermine their plots and schemes and may righteousness spring forth and exalt the nation. (Psalm 140:8, Prov 14:34)
- Ask the Lord to raise up leaders in our nation that will listen to wise counsel, execute justice and undo unjust laws and policies. (Psalm 75:6-7, Proverbs 11:11)
- Plead the blood of Jesus over every position that has been appointed or elected that they may not be used by the prince of the power of the air.
- Pray for justice in the city that will help marginalized people who are trafficked, homeless, broken families, refugees, and even those marginalized in church. (Zechariah 7:8-12)
- Ask the Lord to protect this nation from economic collapse.
- Ask the Lord to frustrate unjust laws and policies.
- May the innocent be protected.
- May the Lord spare this nation from famine.
- May the Lord bring healing and restoration to this nation.

Day 21

Joy and Hope

- May the Lord of hope fill us with joy and peace as we trust Him, so that we may overflow with hope by the Power of the Holy Spirit. (Romans 15:13)
- Father we thank You for this time of fasting. We look expectantly to You.
- Thank You for transformation.
- Thank You for answered prayers.
- Thank You for it is You who are the Author and the Finisher of our Faith.
- We love You and we commit our lives to You.